

Character Goals:
How is y our character dissatisfied with their life?
What do they think will make them happy?
What steps could they take to make their dream come true?
How has fear stopped them from doing this already?
How can they move toward their goal while avoiding the thing they fear?
Backstory:
What did your character believe that was changed by this event?
What is their new belief afterwards? (this should be the lie/misbelief)